



Aquatic Rescue for Group 3 Pools

This training course is specifically designed for Group 3 Swimming pool owners/operators in Western Australia which provides the participant the skills and knowledge to perform basic water rescue in a Group 3 pool environment. The Swimming Pool Rescue Award needs to be re-assessed every three (3) years as outlined in the Health Department of WA Code of Practice for the Design, Operation, Management and Maintenance of Aquatic Facilities.

Standard Course Fee: \$140

Delivery Mode: Face to Face

Course Duration: 3 hours

Location: The course is conducted at an aquatic facility in Geraldton and other locations in Western Australia.

Pre-requisites: Nil

Entry Requirements:

- Reasonable level (AQF level 3) of spoken and written English (link to LLN assessment)
- Participants must have a reasonable level of fitness and swimming ability to successfully complete the course

Work Placement Requirements: Nil

Minimum Age Requirements: Nil although the participant must be able to interact in an adult learning environment

Certification: Aquatic Rescue for Group 3 Award

Fee Includes: Instruction, pool entry and learning resources

Course content includes:

- Theory on aquatic environments, water safety and rescue techniques.
 - Dry Rescue: Rescue a person in difficulty (weak swimmer) no more than 5 metres from safety using an aid without entering the water. (Demonstration of a reach rescue or a throwing rescue.)
 - Accompanied Rescue: Rescue a person in difficulty with a flotation aid.
 - Recover & Resuscitate: In deepest part of the pool;
 - Recover an object from the bottom
- Substitute the object for a person simulating unconsciousness and tow to a point of support.
- Assess for respiratory failure and demonstrate Rescue Breathing for 1 minute.
- Remove patient from the water with assistance



- Perform DRSABCD
- Place person in Recovery Position

Support services: A reasonable level of spoken and written English is required to complete this course. Reasonable adjustments can be made to certain aspects of the course without affecting the outcomes required. If you believe you require assistance with language, literacy or numeracy, please contact the office ahead of the scheduled course to determine what assistance may be available to you.

Policies: <https://royallifesavingwa.com.au/programs/vocational-training/rto-policies>